

Observation record

Purpose

This record supports teachers to notice patterns, try supportive responses, and reflect on what helps. It focuses on understanding the child behind the behaviour and responding with supportive strategies.

Name: _____ Year / Class: _____

Observer & Role: _____ Observation period _____ to _____

Date	Time	Activity/Session e.g. subject, playground, specialists transitions etc	Preceding Event What was happening just before? e.g. activity, transition, noise, routine change	Observable Behaviour	Adults and/or Peers Who was present?	Duration

Observation Chart _____ to _____

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What Supported Regulation?

What strategies helped? (e.g. movement, break, reduced load, quiet space, adult support)

Emerging Patterns

Are the student’s responses showing any consistency across observations, or are they varying by context?

Times behaviour is less likely to occur:

When does the student appear more settled or regulated?

Supporting Next Steps

What may support the child next time? (e.g. additional support, shorter work intervals, reduced demand, movement breaks)

Additional Notes

Was there any change or improvement noticed? (regulation, transitions, engagement, coping strategies)

Reflection & Support Notes

Observation Date: _____

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[illegible]