

# Observation record

## Purpose

This record supports teachers to notice patterns, try supportive responses, and reflect on what helps. It focuses on understanding the child behind the behaviour and responding with supportive strategies.

Name: \_\_\_\_\_ Year / Class: \_\_\_\_\_

Observer & Role: \_\_\_\_\_ Observation period \_\_\_\_\_ to \_\_\_\_\_

Date	Time	Activity/Session e.g. subject, playground, specialists transitions etc	Preceding Event What was happening just before? e.g. activity, transition, noise, routine change	Observable Behaviour	Adults and/or Peers Who was present?	Duration

## Observation Chart

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**What Supported Regulation?**

What strategies helped? (e.g. movement, break, reduced load, quiet space, adult support)

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**Emerging Patterns**

Are the student's responses showing any consistency across observations, or are they varying by context?

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**Times behaviour is less likely to occur:**

When does the student appear more settled or regulated?

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**Supporting Next Steps**

What may support the child next time? (e.g. additional support, shorter work intervals, reduced demand, movement breaks)

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**Additional Notes**

Was there any change or improvement noticed? (regulation, transitions, engagement, coping strategies)

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